

NEBRASKA SENIOR GAMES RECORDS SINCE 1997 Updated 3/20

TRACK & FIELD

800 Meter Run:

50-54: Derry Trampe, Ord, 2:14.38: Deb Kluthe, Scotia, 3:01.31
 55-59: Derry Trampe, Ord, 2:13.2, Deborah Kluthe, Scotia, 3:09.8
 60-64: Derry Trampe, Ord, 2:23.49: Charlene Pratt, Riverdale, NE 3:22.8
 65-69: Howard Weisser, Lincoln, 2:36.07 : Kathy Van Pelt, Kimball, 4:28.6
 70-74: Gary Patton, Rock Rapids, IA, 2:34.61: Darlene Wagner, Kearney, NE, 3:27.37
 75-79: Ross Greathouse, Lincoln, NE, 3:21.0
 80-84: Donald Phillips, Sioux Falls, SD 4:05.61
 85-89: Donald Phillips, Sioux Falls, SD 4:39.79

1500 M Power Walk

55-59: Monty Dill, Lincoln, 13:01.54, Tammy Bartling, Kearney, 12:49.42
 60-64: Monty Mathews, Omaha, 10:12.53, Dori Burgess, Woodland Park, CO 13:17.45
 70-74: Jerry Huesbsch, Kearney, 10:44.94

1500 Meter Run:

50-54: Derry Trampe, Ord, 4:27:49: Teri Kohl, Council Bluffs, IA, 6:29.06
 55-59: Derry Trampe, Ord, 4:32.30: Deb Kluthe, Scotia, 6:39.1
 60-64: Derry Trampe, Ord, 4:55:27: Tracey Barnett, Niwot, CO, 6:33.10
 65-69: Jose Badillo, Bellevue, 5:38.05
 70-74: Gary Patton, Rock Rapids, IA 5:20.14: Maryann Boe, Sundance, WY, 7:33.8
 75-79: Jose Badillo, Bellevue, 6:39.20
 80-84: Jose Badillo, Bellevue, 7:15:30
 85-59: Otto Lohrez, Kearney, 12:10.55

50 Meter Dash:

50-54: Jeff Hageman, Omaha, 6.43: Kelly Erickson, Campbell, 8.53
 55-59: Roger Tollefson, Gering, 6.5: Kelly Erickson, Campbell, 8.63
 60-64: Michael Firsching, Edwardsville, IL, 6.78: Kay Glynn, Hastings, IA, 8.328
 65-69: John Pace, Fredericksburg, TX, 6.86: Normimah Benedict, Fayetteville, AR, 9.21
 70-74: Gary Stephens, Grand Island, 7.33: Jane Wasserman, Lincoln, 9.52
 75-79: Steven Bowles, Henderson, NV, 7.61: Carolyn Langenwalter, Wichita, KS, 10.30
 80-84: Marvin Champion, Denver, 7.82: Harriet Bloemaker, Fremont, NE 14.5
 85-89: Donald Phillips, Sioux Falls, SD 8.957

100 Meter Dash:

50-54: Jeff Hageman, Omaha, 12.29: Kay Glenn, Hastings, IA, 14.59
 55-59: Tom Bassett, Lincoln, 12:04: Kay Glenn, Hastings, IA, 14.92
 60-64: Fred Kjer, Tuscon, AZ, 12.78: Normimah Benedict, Fayetteville, AR, 16:05
 65-69: John Pace, Fredericksburg, TX, 13.21: Char Lane, Topeka, 17.16
 70-74: Richard McKisson, Arvada, CO, 13.77: Maryann Boe, Sundance, WY, 16.14
 75-79: Lee Alexander, Plainview, 13.95: Carolyn Langenwalter, Wichita, KS, 20.15
 80-84: Lee Alexander, Plainview, 15.17
 85-89: Donald Phillips, Sioux Falls, SD, 17.22

200 Meter Dash:

50-54: Jeff Hageman, Omaha, 24.64: Kay Glenn, Hastings, IA, 30.38
 55-59: Tom Bassett, Lincoln, 25.88: Kay Glenn, Hastings, IA 31:84
 60-64: John Pace Fredericksburg, TX, 26.97: Kay Glynn, Hastings, IA, 36.92
 65-69: Ray Graves, Scottsdale, AZ 28.09, Char Lane, Topeka, KS, 37.23
 70-74: Richard McKisson, Arvada, CO, 29.52: Maryann Boe, Sundance, WY, 36.63
 75-79: Steven Bowles, Henderson, NV, 29.87: Carolyn Langenwalter, Wichita, KS, 49.39
 80-84: Marvin Champion, Denver, CO, 32.72
 85-89: Donald Phillips, Sioux Falls, SD 38.92

400 Meter Dash:

50-54: Burke Grandien, Laramie, WY, 56.49, Deb Kluthe, Scotia, 1:14.79
 55-59: Trip Reynolds, Omaha, 1:00.06: Kay Glynn, Hastings, IA, 1:16.11
 60-64: Howard Weisser, Columbus, 1:02.8: Kay Glynn, Hastings, IA, 1:43.21
 65-69: Howard Wissner, Lincoln, 1:03.34: Joyce Franks, Lakewood, CO, 1:45.3
 70-74: Lee Alexander, Plainview, 1:06.64: Maryann Boe, Sundance, WY, 1:23.0
 75-79: Lee Alexander, Plainview, 1:08.08: Carolyn Langenwalter, Wichita, KS, 1:59.13
 80-84: Lee Alexander, Plainview, 1:14.40
 85-89: Donald Phillips, Sioux Falls, SD 1:38.73

Triple Jump:

50-54 Dan Scamehorn, Kearney, 33' 1 1/4" : Cynthia Ritter, Lincoln, 207"
 55-59 Mitch Lyster, McCook 35' : Kay Glynn, Hastings, 26'11"
 60-64 Mitchell Lyster, McCook, 32'10" : Normimah Benedict, Fayetteville, AR 204"
 65-69 Frank Tilton, Springfield, MO, 29'6" : Char Lane, Topeka, KS, 18'10"
 70-74 Jim Sharps, Smithfield, VA, 28'4" : Char Lane, Topeka, KS, 18' 8"
 75-79 Carroll Marty, Ames, IA, 22'5"

5000 Meter Race Walk:

50-54: Steve Hoger, Seward, 25:53.85: Cheri Chytka, Broken Bow, 42:21:98
 55-59: Steve Hoger, Seward, 27:23.34, Rita Sinkovec, Evergreen, CO, 33.13
 60-64: Steve Hoger, Seward, 29:37.29, Bertha Aldrich, Alden, IA 34:33
 65-69: William Graham, Alliance, 31:47:11
 70-74: William Graham, Alliance, 33:52.754, Jean McClaran, Des Moines, IA, 36:49
 75-79: Richard Weaver, Grand Junction, CO, 36:43
 80-84: Richard Weaver, Grand Junction, CO, 36:45:85
 85-89:

Javelin:

50-54: Ed Morland, Westmoreland, KS, 180:7", Kay Glynn, Hastings, IA 95'9"
 55-59: Terry Medjo, Grand Island, 144'8", Kay Glynn, Hastings, IA 71'10"
 60-64: Ed Morland, Westmoreland, KS, 148': Kay Glynn, Hastings, IA, 68'3"
 65-69: Randall Olson, Omaha, 123'5.5": Barbara Brandt, Mesa, AZ 79'4"
 70-74: Don Durand, Winnemucca, NV, 115'11": Harriet Blomker, Fremont 79'4"
 75-79: Robert Gerten, Burwell, NE, 112'06": Harriet Bloemaker, Fremont, 71'10"
 80-84: Frank Bowles, Greeley, CO 76' 3 3/4": Harriet Bloemaker, Fremont 65'8"
 85-89: Eugene Price, W. Milwaukee, WI, 50'0", 90-94: Eugene Price 40'9"

SWIMMING:

50M Freestyle:

50-54: Scott Adams, Litchfield, 29.91: Darcy McBride, York, 36.22
 55-59: Ron Konecy, Kearney, 31:51: Darcy McBride, York, 37.0
 60-64: Bradley Ericson, Kearney, 31.13 : Darcy McBride, York, 39:53
 65-69: Bruce Sheffield, Raymond, 33.52: Judy Kennedy, Omaha, 43.30
 70-74: William Rogge, Lincoln, 37.03 : Judy Kennedy, Omaha, 45.16
 75-79: Thompson Burgess, Woodland Park, CO 39.59: Patricia Harkreader, North Platte, 47.1'
 80-84: Jim Hays, Diller, 53.53 : Ardyce Welch, Lincoln, 1:23.09
 85-89: Robert Severance, Beloit, KS, 1:15.1
 90-94: Robert Severance, Beloit, KS, 1:30.87

100M Freestyle

50-54: Glenn Braun, Kearney, 1:07.90: Jean Eichhorst, Kearney, 1:50.36
 55-59: Scott Adams, Litchfield, 1:02:53: Jean Eichhorst, Kearney, 1:46.87

1500 Meter Race Walk:

50-54: Steve Hoger, Seward, 7:13.89, Marianne Marion, Littleton, CO, 8:08
 55-59: David Couts, Whiteside, MO, 7:16.78, Sue McNeil, Taylor, 10:12.31
 60-64: Steve Hager, Seward, NE, 8:02.59, Rita Sinkovec, Evergreen, CO, 9:09
 65-69: Jim DeBell, Broomfield, CO, 8:36: Bertha Aldrich, Alden, IA 10:23
 70-74: Gilbert Hill, Omaha, NE, 8:32, Gloria Glissman, 10:34
 75-79: Richard Weaver, Grand Junction, CO, 10:10.38, Jean McClaran, Des Moines, IA, 11:49
 80-84: Richard Weaver, Grand Junction, CO, 10:55:86
 85-89: Dan Klimek, Ord, 12:43.86

5000 M Power Walk

55-59 Patty Geist, Kearney, 49:05.6
 60-64: Monty Mathews, Omaha, 37:38.70
 70-74 Jerry Huesbsch, Perhman, MN 42:17.37

High Jump:

50-54: Larry Joe, Fairbury, 5'5", Kay Glynn, Hastings, IA, 4'4",
 55-59: John Carrington, St.Louis, MO, 5' : Kay Glynn, Hastings, IA 4'6"
 60-64: David Brandt, Sprague, 5'1/4": Kay Glynn, Hastings, IA 3'10"
 65-69: David Brandt, Sprague, 4'8 1/4": Barbara Brandt, Bighorn, WY, 3'5"
 70-74: Frank Tilton, Springfield, MO 4'6" , Harriet Bloemker, Fremont, 3'2"
 75-79: Cl Bruce, Lake St.Louis, MO, 4', Dorothy Ekblad, Lincoln, 3'11"
 80-84: Ed Carter, Loveland, 3'10": Harriet Bloemaker, Fremont, NE 3'0"

Long Jump:

50-54: Ron Haubold, San Diego, CA, 16'9": Kay Glenn, Hastings, IA, 14'9"
 55-59: Carl Etter, Duluth, MN, 16'7" : Kay Glynn, Hastings, IA, 14'10"
 60-64: Mitch Lyster, McCook, 16'3": Marion Krueger, Dent, MN, 9'
 65-69: Frank Tilton, Springfield, MO, 14'10.75": Char Lane, Topeka, KS 10'10"
 70-74: Frrank Tilton, Springfield, MO 15'1": Maryann Boe, Sundance, WY, 11'2"
 75-79: Marvin Champion, Denver, CO, 14'0.5", Dorothy Ekblad, Lincoln, 5'11"
 80-84: Ed Carter, Loveland, CO, 11'8"
 85-89: Donald Phillips, Sioux Falls, SD, 8'9"

Shot Put:

50-54: Rick Anderson, Lawrence, KS, 46'10.5", Colleen Wallace, Belen, NM, 30' 10"
 55-59: Jim Squires, Fairfield, 44'1.5", Lori Graff, Marienthal, KS, 31'11"
 60-64: Bob Peters, Independence, MO, 43' 11.75": Kay Glynn, Hastings, IA, 25'5"
 65-69: LaVane Johnson, Eagle, 40' 5.5": Bertha Aldrich, Alden, IA, 24'7"
 70-74: Al Salmon, Liberty, MO, 41' 6.5": Bertha Aldrich, Alden, IA, 22'9.5"
 75-79: Robert Gerten, Burwell, 36'1": Bonnie Champion, Denver, CO, 22'2"
 80-84: Al Salmon, Kansas City, MO, 35'9"
 85-89: Reuben Schleifer, Chester, 27'9":
 90-94 Ruben Schleifer, Chester, NE 24'2.25"

Discus

50-54: Rick Anderson, Lawrence, KS, 166' 1.5", Colleen Wallace, Belen, NM, 90'2"
 55-59: Richard Anderson, Lawrence, KS, 156'3": Lori Graff, Marienthal, KS, 70'57"
 60-64: Ron Anderson, McPherson, KS, 173'1": Joy Kaylor, Central City, NE, 78'6"
 65-69: Ron Anderson, McPherson, KS, 166'2": Bertha Aldrich, Alden, IA, 66'3"
 70-74: Ron Anderson, McPherson, KS 139'5": Harriet Bloemker, Fremont, 62'10"
 75-79: Ron Anderson, McPherson, KS, 134'4": Harriet Bloemker, Fremont, 59'4"
 80-84: Otto Welfring, Marshalltown, IA, 93'10": Harriet Bloemaker, Fremont 61'7"
 85-89: Eugene Price, W. Milwaukee, WI, 42":
 90-94 Eugene Price, West Allis, WI 40'0"

5K ROAD RACE

50-54: Derry Trampe, Ord, 16:42: Kelly Erickson, Campbell, 23:35
 55-59: Doug Trampe, Kearney, 17:08: Christine Steinhauer, Kearney, 23.52
 60-64: Derry Trampe, Ord, 17:39: Tracey Barnett, Niwot, CO, 23:45
 65-69: Jose Badillo, Bellevue, 21:15: Donna Reeson, Placentia, CA, 29:03
 70-74: Gary Patton, Rock Rapids, IA, 20:40: Darlene Wagner, Kearney, 30:58
 75-79: Jose Badillo, Bellevue, 25:15: Carolyn Langenwalter, Wichita, KS, 41:57
 80-84: Ruger Winchester, New Salem, ND 26:27
 85-89 Otto Lohrenz, Kearney, 37:40
 95-99: Roger Little, Valentine, 47:32

10K ROAD RACE

50-54 Derry Trampe, Ord, 35:00: Mindy Moyer, Aurora, 53.03
 55-59 Derry Trampe, Ord, 35:13.65, Charlene Pratt, Riverdale, 51:18
 60-64 Derry Trampe, Ord, 38:09: Tracey Barnett, Niwot, CO, 48:58
 65-69 Richard Friedrichsen, Clarks, 49:43: Lynette Stevens, Gothenberg, 53:00
 70-74 Jose Badillo, Bellevue, 47:16
 75-79 Richard Friedrichsen, Seward, 56:43

Softball Throw:

50-54: Terry Medjo, Grand Island, 254'2": Sally McCann, Kearney, 134' 7 1/2"
 55-59: Terry Medjo, Grand Island, 256'9.5": Sharon Rood, Kearney, 127'3"
 60-64: Randall Olson, Norfolk, 223'7": Sally McCann, Kearney, 130'2"
 65-69: Randall Olson, Carroll, NE, 203'7.25": Harriett Bloemker, Fremont, 126' 1"
 70-74: Randall Olson, Carroll, NE, 186'1": Harriet Bloemker, Fremont, 124' 1"
 75-79: Reuben Schleifer, Chester, 161'8": Harriet Bloemker, Fremont, 112'9"
 80-84: Reuben Schleifer, Chester, 142'11.5": Harriet Bloemaker, Fremont 88'.2.75"
 85-89: Donald Phillips, Sioux Falls, SD, 105'0"
 90-94 Reuben Schleifer, Chester, 61'7.5"

50M Breaststroke:

50-54: Scott Adams, Litchfield, 42.21: Mary Pat Moeller, Omaha, 50.04
 55-59: John Sloan, Lake Forest, IL, 40.22 : Mary Pat Moeller, Omaha, 54.84
 60-64: Terry Medjo, Grand Island, 42.50: Barb Amrhein, Canyon, TX 53.34
 65-69: Terry Medjo, Grand Island, 43:90: Pat Craze, Montrose, CO, 1:07.97
 70-74: Peter Eisenklam, Mesa, AZ, 52.44: Pat Craze, Montrose, CO, 1:03.81
 75-79: Baton Greenberg, Omaha, 44.59: Carol Allen Loup City, 1:10.01
 80-84: Cornelius Kelly, 1:13.56: Marie Kriepke, Tecumseh, 1:39.10
 85-89: Robert Severance, Biolet, KS, 1:55.84
 90-94: Robert Severance, Beloit, KS, 2:20.38

100M Breaststroke:

50-54: Ben James, Lincoln 1:53.18, Lynn Kurutz, Papillion, 1:54.64
 55-59: Terry Medjo, Grand Island, 1:38.93, Deborah Qualey, Bayard, 2:06.96
 60-64: Terry Medjo, Grand Island, 1:38.97: Mary Pat Moeller, Omaha, 2:06:21
 65-69: Terry Medjo, Grand Island, 1:42.89, Jane Obert, Littleton, CO, 2:05.41
 70-74: Charles Baumgarner, Salt Flat, TX, 1:42.32, Carol Allen, Loup City, 2:31.22
 75-79: Barton Greenberg, Omaha, 1:46.69, Carol Allen Loup City, 2:44.47
 80-84: Cornelius Kelly 3:49.13: Gloria Glissmann, Omaha, NE, 3:40:88
 85-89:

60-64: Scott Adams, Litchfield, 1:20:19 : Petey Croshaw, Fremont, 1:45.45
65-69: Bruce Sheffield, Raymond 1:18.87: Valerie MacLeod, Cambridge, 1:48.23
70-74: Charles Baumharnner, Salt Flat, TX 1:23.38: Judy Kennedy, Omaha, 1:45.16
75-79: John Skoog, Omaha, 1:44.26, Patricia Harkreader, North Platte, 1:56.03
80-84: Ray Miller, Spirit Lake, IA, 2:19.22: Ardyce Welch, Lincoln, 3:11.803
85-89: Gene Beck, Kearney, 2:35.03
90-94: Richard Severance, Beloit, KS, 3:24.28

200M Freestyle

50-54: Glenn Bruan, Kearney, 2:44.73: Sandra Stenglein, Omaha, 3:56.35
55-59: Lincoln Murdoch, Omaha, 3:07.31: Nita Dankelsen, Grand Island, 3:43.79
60-64: Ralph Bradley, Grand Island, 3:07.45: Judy Kennedy, Omaha, 3:54.07
65-69: Bruce Sheffield, Raymond, 2:58.44, Teresa Lees, Bel Aire, KS, 3:36.95
70-74: Charles Baumgarner, Salt Flat, TX 3:00.82: Judy Kennedy, Omaha, 3:48
75-79: Stan Dart, Kearney, NE, 4:34.45: Ardyce Welch, Lincoln, 5:37.07
80-84: Gene Beck, Kearney, 5:11.94: Ardyce Welch, Lincoln, NE 6:20.44
85-89: Gene Beck, Kearney, 6:12.21

400M Freestyle

50-54: Glenn Braun, Kearney, 5:47.0: Jean Eichhorst, Kearney, 8:23.97
55-59: John Sloan, Lake Forest, IL, 6:35.28 : Darcy McBride, York, 7:34.79
60-64: Ken Deman, Omaha, 6:41.13: Jane Oberg, Littleton, CO, 7:15.87
65-69: Ken Deman, Omaha, 6:48.73, Jane Oberg, Littleton, CO, 7:38.00
70-74: Charles Baumgarner, Salt Flat, TX, 6:27.54 : Carol Deman, Omaha, 8:00:01
75-79: Kenneth Deman, Omaha, 9:00.65: Carol Deman, Omaha, 8:50.91
80-84: Gene Beck, Kearney, 11:19.84: Ardyce Welch, Lincoln, 13:13.964
85-89: Gene Beck, Kearney, 12:46:78

50M Backstroke

50-54: Ron Konecny, Kearney, 38:63: Darcy McBride, York, 44.44
55-59: John Sloan, Lake Forest, IL, 39.79 : Darcy McBride, York, 44.53
60-64: Terry Medjo, Grand Island, 40.78: Darcy McBride, York, 44:53
65-69: Terry Medjo, Grand Island, 41.8, Judy Kennedy, Omaha, 52.89
70-74: David Easterla, Maryville, MO, 59.94 : Judy Kennedy, Omaha, 57.16
75-79: Chuck Sauer, Denver, CO, 59.7: Carol Allen Loup City, NE, 1:01.19
80-84: Gene Beck, Kearney, 1:09.43: Marie Kreipe, Tecumseh, 1:46.53
85-89: Gene Beck, Kearney, 1:09.72
90-94: Robert Severance, Beloit, KS, 2:01.5

200M Medley:

50-54: Mary Pat Moeller, Omaha, 3:49.10
55-59: Roger Holthaus, Omaha, 3:50.06: Mary Pat Moeller, Omaha, 3:55.43
60-64: Roger Holthaus, Omaha, 3:50.06: Mary Pat Moeller, Omaha, 4:20:06
65-69: Roger Holthaus, Omaha, 4:57.696: Teresa Lees, Bel Aire, KS, 4:14.38
70-74: Roger Holthaus, Omaha, 5:29.98
75-79: Chuck Sauer, Denver, 7:29.81, Helen Sauer, Denver, 5:30.88

50M Butterfly

50-54: Scott Adams, Litchfield, 37.37: Mary Pat Moeller, 45.46
55-59: Roger Holthaus, Omaha, 38.75: Mary Pat Moeller, Omaha, 51.03
60-64: Tony Haske, Omaha, 39:60: Judy Kennedy, 53:56
65-69: Roger Holthaus, Omaha, 47:44.2: Pat Craze, Montrose, CO, 1:12.53
70-74: Roger Holthaus, Omaha, 54.15
75-79: John Skoog, Omaha, 50.18
80-84: Les Demmel, Omaha, 1:36.09
85-89: Lester Demmel, Omaha, 2:11.44

100M Butterfly:

50-54: Mary Pat Moeller, Omaha, 1:54.82
55-59: Mary Pat Moeller, Omaha, 1:53.85
60-64: Tony Haske, Omaha, 1:39.03: Jane Oberg, Littleton, 1:54.76
65-69: Roger Holthaus, Omaha, 1:59.08: Jane Oberg, Littleton, CO, 1:54.36
70-74: Roger Holthaus, Omaha, 2:22.38 :
75-79:
80-84:

CYCLING:

5K

50-54: John Cox, Cheyenne, WY, 6:43: Patti Vanderhoff, Centerton, AR, 8:06
55-59: Dick Walker, Shawnee, KS 6:52.94, Suzanne Wilson, Omaha, 7:58
60-64: Richard Stewart, Castle Rock, CO, 6:51: Suzanne Wilson, Omaha, 8:24
65-69: Richard Stewart, Castle Rock, CO, 6:52 : Ann Shuman, West Des Moines, IA, 8:49
70-74: Gary Schmidt, Bennington 7:39: Carol Deman, Omaha, 8:47
75-79: Gary McGregor, Atchinson, KS, 7:48: Nancy Brown, Bennet, NE, 10:55
80-84: Terry Knowles, Topeka, KS, 9:53
85-89:

10K

50-54: John Cox, Cheyenne, WY, 14:12: Patti Vanderhoff, Centerton, AR, 16:04
55-59: Gregory Bennett, Versailles, MO, 13:13: Suzanne Wilson, Omaha, 16:03
60-64: Richard Stewart, Castle Rock, CO, 13:58: Carol Deman, 16:43
65-69: Richard Stewart, Castle Rock, CO, 14:13: Nancy Brown, Bennet, 18:01
70-74: William Earp, Independence, MO, 16:10: Carol Deman, Omaha, 18:21
75-79: Michael Balog, Arvada, CO, 16:12 :Nancy Brown, Bennet, 22:09
80-84: Wilfred Miller, Topeka, KS, 19.34

20K

50-54: Craig Harding, Omaha, 30:36: Suzanne Wilson, Omaha, 33:02
55-59: Fred Galata, Omaha, 30:14: Patti Vanderhoff, Centerton, AR, 33:26
60-64: Scott Bullfinch, Lincoln, 30:40: Cathy Eastman, Scottsbluff, 36.42
65-69: Bill Earp, Independence, MO, 30:37 : Ann Shuman, West Des Moines, IA, 36:19
70-74: Bill Earp, Independence, MO, 31:24: Nancy Brown, Bennet 37:26
75-79: William Earp, Independence, MO, 33:45: Alice Heckman, Kearney, 54:56

40K

50-54: Craig Harding, Omaha, 52:24.00: Patti Vanderhoff, Centerton, AR, 1:10.10
55-59: Stephen Cramer, Omaha, 54:55: Nancy Stirek, Omaha, 1:04.32
60-64: Scott Bullfinch, Lincoln, 52:29: Suzanne Wilson, Omaha, 1:02.49
65-69: Bill Earp, Independence, MO, 54:13
70-74: William Earp, Independence, MO, 1:02.43
75-79: William Earp, Independence, MO, 1:05.1: Alice Heckman, Kearney, 1:35.1

200M Breaststroke

50-54: Gail Klimek, Omaha, 4:14:48 : Courtney Drake, Hastings, 4:40:19
55-59: Ron Konecny, Kearney, 4:14:49 : Anne Frederick, Kearney 5:37.34
60-64: Terry Medjo, Grand Island, 3:45:15 : Mary Pat Moeller, Omaha, 4:33:30
65-69: Terry Medjo, Grand Island, 4:03.13: Carol Allen, Loup City, 5:55:11
70-74: Peter Eisenklam, Mesa, AZ, 5:21.5: Carol Allen, Loup City, 5:39:74
75-79: Thompson Burgess, Woodland Park, CO 4:18.04: Carol Allen Loup City, 5:45:37
80-84: Cornelius Kelly, Pinedale, WY, 8:03.57

100M Backstroke

50-54: Ron Konecny, Kearney, 1:28.88
55-59: Ron Konecny, Kearney, 1:29:75 : Darcy McBride, York, 1:41.82
60-64: Terry Medjo, Grand Island, 1:31.16: Darcy McBride, Lincoln, 1:55.16
65-69: Terry Medjo, Grand Island, 1:38.66: Mariana Phipps, Omaha, 1:59:13
70-74: David Easterla, Maryville, MO, 2:15.84 : Judy Kennedy, Omaha, 2:10.435
75-79: Joe Craze, Montrose, CO, 2:43.72: Patricia Harkreader, North Platte, 2:19.85
80-84: Chuck Sauer, Denver, 2:25, Taeko Baldwin, Lincoln, 2:54.72
85-89: Gene Beck, Kearney, 2:50.50
90-94: Robert Severance, Biolet, KS, 4:08.25

200M Backstroke

50-54: Bruce Jochen, Pierce, 4:21.25, Darcy McBride, York, 3:44.54
55-59: John Sloan, Lake Forest, IL, 3:24.15 : Darcy McBride, York, 3:54:62
60-64: Tim Ench, Grand Island, 4:19.34 Judy Kennedy, Omaha, 4:08.33
65-69: Terry Medjo, Grand Island, 3:42.53: Mariana Phipps, Omaha, 4:04:61
70-74: Ralph Kempcke, Colorado Springs, CO 4:26: Helen Sauer, Denver, CO, 5:17:75
75-79: Bill Schroen, Omaha, 5:42.5,
80-84: Gene Beck, Kearney, 6:22.05
85-89: Gene Beck, Kearney, 6:32.1

100 IM Medley

60-64: Allen Bauer, North Las Vegas, NV 3:46.7, Barb Amrhein, Canyon, TX 2:22.6
70-74: Terry Medjo, Grand Island, 1:46.2

GOLF:

50-54: Todd Jelden, Kearney, 69, Pamela Gallagher, Grand Island, 81
55-59: Gene Schneringer, Callaway, 67: Pamela Gallagher, Grand Island, 83
60-64: Gary Mason, Kearney, 67: Mary Halkyard, Gibbon, 88
65-69: Gary Mason, Kearney, 65: Mary Halkyard, Gibbon, 91
70-74: Gary Mason, Kearney, 70: Elda Rodgers, Kearney, 93
75-79: Orlan Grams, Minden, 74: Harriet Bloemaker, Fremont, 105
80-84: Vernon Swanson, Kearney, 81
Larry Johnson, Pleasanton, 81
85-89: Vernon Swanson, Kearney, 87
Orlan Grams, Minden, 87
90-94: Eugene Price, 104

DISC GOLF

50-54: Ron Kalkwarf, Lincoln, 47: Tami Anderson, Kearney, 61
55-59: Andrew Chisholm, Lincoln, 45: Judy Bellairs, Kearney, 53
60-64: Bob Mathiasen, Lincoln, 48: Marta Moorman, Kearney 60
65-69: Brent Siegrist, Council Bluffs, IA 50: Regina McCann, Kearney, 75
70-74: Tom McCann, Kearney, 50: Regina McCann, Kearney, 70
75-79: LaVerne Mueller, Norfolk, 49: Rosemary Holeman, Omaha, 106
80-84: Richard Bright, Rvenna, 76:

BOWLING:

Singles:

50-54: Patrick Dority, Lincoln, 769: Karen Schroer, Kearney, 569
55-59: Gary Flowers, Omaha, 658: Rosalie Roscoe, Grand Island, 551
60-64: John Bierman, Omaha, 732: Eloise Shuck, North Platte, 617
65-69: John Nikkila, Kearney, 589: Ola Shaw, Kansas City, KS, 568
70-74: Larry Harrington, Kearney, 672: Ruby Walker, Hastings, 555
75-79: Walter Walker, Hastings, 731: Ruby Walker, Hastings, 560
80-84: Roger Bredahl, Columbus, 615: Barbara Sampson, Columbus, 522
85-89: Walter Beck, Columbus, 513, Lois Egger, Hickman, 401
90-94: Otto Husak, Omaha NE, 446: Jeanne Ackerman, Kearney, 196

Doubles:

50-54: Houtz/Zikmund, Kearney, 1289: Gardner/Gundmundson, Kearney, 1048
55-59: Younglove/Layman, Lincoln 1249: Klein/Wiester, Kearney, 1060
60-64: Ford/Kita, Omaha, 1275: Weisser/Korber, Columbus/Lincoln, 1064
65-69: Grimstad, Thompson, Bellevue, 1158: Norden/Wood, Lexington, 1027
70-74: Smith/Walker, Hastings, 1196: Ewing/Walker, Bellevue, Hastings, 1037
75-79: Harrington/Smallcomb, Kearney, 1222: Buske/Landrigan, Ravenna, 936
80-84: VanKotten/Thomas, Long Island/Norton, KS, 747 (women)

Mixed Doubles:

50-54: Hatcher/Hatcher, Gibbon, 1209
55-59: Bierman/Bierman, Omaha, 1106
60-64: Hulla/Hulla, Bellevue, 1062
65-69: Weisser/Weisser, Lincoln, 1052
70-74: Husak/Kay, Omaha, 1108
75-79: Walker, Walker, Hastings, 1082
80-84: Walker/Walker, Hastings, 1053
85-89: Egger/Egger, Hickman, 839